

# Waihi News

7 June 2024

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Dear Parents,

Hopefully our trial mid-term break has given everyone a chance to recharge their batteries after a busy, full and immensely enjoyable first five weeks of Term Two. Our school focus on wellbeing is to help our children flourish and the challenge is there for us all to find ways of supporting students, friends and colleagues when times are tough.

Over the break I was rereading an interesting article in which one teacher recommended supporting students who were struggling in aspects of their wellbeing through three Cs: communication, consistency, and control (I think these all work well for adults too).

Good communication is like a mental health check in. Taking time out of our day to check in on family, friends, colleagues and the children. According to one study, "Simply talking about our problems and sharing our negative emotions with someone we trust can be profoundly healing - reducing stress, strengthening our immune system, and reducing physical and emotional distress." Communication helps with coping and healing.

Teachers and parents need to create spaces, and time, for our tamariki. It is one of the most enjoyable aspects of working in a boarding environment, that there are many opportunities to create such time and space. Some of the best sharing time I have had with boarders over the years has been cycling alongside one of the 'riding group' just chilling and chatting.

Consistency is one thing that schools can do well. Schedules and routines can be very important to a struggling child. The ebb and "continued over the page"

### 2025 Term Dates

The Board have ratified the Term Dates for the 2025 school year.

These are included in this newsletter for your reference.

#### - continued from page one -

flow of the school day and week, helps gives structure and familiarity from which comfort can be derived. Human connection through social interaction can help students cope with the changing situations and provide a sense of stability in difficult times.

The final 'C' is Control. It is probably the area that many of us find hardest when we are struggling. Control in this context is about 'self-care'. A good self-care plan is an intervention that can give any of us, adults or children, a sense of control and prevent us from being completely consumed by emotional reactions to situations.

As we create our own plan, this also develops ownership and autonomy. Having a plan takes the guesswork out of what to do and where to turn in a moment of crisis. Students can respond rather than react to the situation at hand. It allows them to take time to think about what they want to do and how they want to do it. When a teacher or parent knows a child's individual plan, they gain insight into strategies, activities, and tools to help that student.

We can start by asking students to identify support structures, people, and activities that help them feel better and then model creating a simple list of activities that make one feel calm or happy, such as music, exercise, reading or art. Once the list is complete, identify one or two people with whom they have a good relationship and to whom they feel they can turn for help and support. For children who believe they don't have a strong relationship with anyone, we can help them recognize the characteristics of someone who shows support.

Even as an adult I believe we could all do well to think about our own self-care plan. Most of us can identify the stressors that might act as speed bumps to our mental well-being, the trick then is to recognise these and use them as a guide for moments when we might just need to 'take control'. If we can help our tamariki realize that they can be in control of how they respond to any situation, this will help increase confidence and grow a sense of control in times of stress.

I hope you've all had a great midterm break and I look forward to seeing everyone back refreshed on Monday for the second half of term.

Kind regards Allan

### Headmaster's Thought for the Week

"We make a living by what we get, but we make a life by what we give."

Winston Churchill

### Weeks Ahead...

#### Term Two 2024

WEEK SIX MID TERM BREAK : No school all week

Sunday 9 June Boarders return from 5:00pm

**WEEK SEVEN** 

Monday 10 June –

Friday 14 June Mid Year Exam Week

Tuesday 11 June SCPSSA Cross Country (at Waihi)

Thursday 13 June SCPSSA Cross Country - reserve date

**WEEK EIGHT** 

Monday 17 June Churchie fixture (at home)

Tuesday 18 June Academic Scholarship testing day

Cultural Scholarship day

Tuesday 18 June EPro8 competition (5:00pm-8:00pm) – Y7-8

Wednesday 19 June EPro8 competitions (9:30am-12:30pm) – Y5-6

Thursday 20 June Cultural Scholarship day

Friday 21 June Sports Scholarship testing day

WEEK NINE

Tuesday 25 June St Margaret's visit with our current Y7 girls

Wednesday 26 June Life Education at Waihi

Thursday 27 June Life Education at Waihi

Jump Jam Extravaganza

Friday 28 June Matariki Public Holiday – no school today

Boarders Activities planned

Saturday 29 June No sport today – all codes

#### Waihi School Trust Board

#### Term Dates 2025

#### Term 1 Monday 27th January – Friday 11th April (11 Weeks)

Y8 Leaders Day: Sat 25 Jan 2025

Boarders' Camp: Sat 25 Jan - Mon 27 Jan

Waitangi Day: Thu 6 Feb (compulsory boarders activity day) Exeat Weekend 1: Fri 21 Feb (Swimming Sports) – Mon 24 Feb

Exeat Weekend 2: Fri 21 Mar – Mon 24 Mar (Parent Teacher meetings)

2 weeks break (includes ANZAC Day)

\* Staff Professional Learning Thursday 23rd January and Friday 24th January

#### Term 2 Tuesday 29th April - Friday 27th June (8 Weeks 5/3 + Half Term)

Half Term: Fri 30 May (Waihi Cross-Country) – Mon 9 June

King's Birthday: Mon 2 Jun (During Half Term)

Matariki: Fri 20 Jun

2 weeks holiday

\* Staff Professional Learning Monday 28th April

#### Term 3 Tuesday 15th July – Friday 19th September (9 Weeks 5/4 + Half Term)

Half Term: Fri 15 Aug (Waihi Family Ski Day) – Mon 25 Aug

2 weeks holiday

\* Staff Professional Learning Monday 14th July

#### Term 4 Monday 6th October – Saturday 6th December (9 Weeks 5/4 + Half Term)

Labour Day: Mon 27 Oct

Exeat Weekend: Fri 7 Nov – Mon 10 Nov

\* Staff Professional Learning Monday 10th November

#### Notes:

Waitangi Day and Labour Day are all public holidays within term time.

- School is closed for day students both these days.
- Boarders have a compulsory activity day on 6th February (Waitangi Day).
- Pyne House will be open for any boarders who request it on Labour Day holiday.

# WAIHI NOTICES

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### **Uniform Shop**

WAIHI RUGBY JERSEY

This is an optional merchandise item

Please email Stacey: uniform@waihi.school.nz

if you wish to order this optional item – this is not a uniform item



Adults style RJS HALF CHEST at bottom of armhole

LENGTH from HSP to hem

XXS XS S M L XL 45 48 51 54 57 60 72

## **Uniform Shop**

MERINO BASE LAYER

Limited quantities / sizes between 4-14

Please email Stacey:

uniform@waihi.school.nz

\$25.00



# **Uniform Shop**

PLACING AN ORDER

Please place an order online

https://waihi.school.nz/uniforms

Or email Stacey Jackson on uniform@waihi.school.nz if you are unsure of sizing

# WAIHI NOTICES

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### **WAIHI SCHOOL TRUST BOARD**

#### EXPRESSIONS OF INTEREST

**Parent Representative Required** 



#### CALLING FOR PARENT REPRESENTATIVE NOMINEES

The Waihi School Trust Board is comprised of trustees from three sources:

- those directly appointed by the Board,
- those nominated by the Waihi Association,
- and Parent Representatives.

We have an upcoming vacancy for a parent representative to join our board and are currently seeking expressions of interest to fill this vacancy.

If anyone in our Waihi community feels they have the skills, commitment and passion to join our board, we would like to hear from them.

> Please contact the Board Chairman, Mr Michael (Mike) Tayler by Friday 5th July 2024, via email in the first instance to:

> > michaeltayler@xtra.co.nz

# WAIHISPORTS

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#### CHURCHIE FIXTURE

Churchie School from Brisbane are visiting us here at Waihi on Monday 17 June 2024. The fixture teams are:

Monday 17th June 2024		
1 pm		
WAIHI SCHOOL	WAIHI SCHOOL	TEMUKA ALPINE ENERGY STADIUM
FOOTBALL	RUGBY	BASKETBALL
Luka Harrop	Angus Whillans	Tom Steetskamp
Carter Busch	Hamish Grant	Ethan Box
Darragh Langton	Flynn Slater	Carter Horsley
Charlie Claridge	Freddie Mawle	Jake McFarlane
Ryder Hughes	Charlie Mawle	Charlie Greenslade
Rio Swete	Tarras Adam	Stella Harley
Robbie Anderson	George Austin	Gus Ivey
Henry Phillips	Hazel Rickard	Lucy Steetskamp
Sophie Morland	Jonty Cunningham	
Fox Mosen	Max McLauchlan	
Oscar Elliotte	Charlie Dwyer	
Nathan Andrew	Arthur Redfern	
James Gorrie	Tamatea Sheed	
Henry Back	Ferg Oliver	
	Cooper Lowery	
	Jack Orbell	
	Harvey Metcalf	
	Sam Watson	
	Michael Williams	
	George Dwyer	
	William Johnston	
	I.	

### **BASKETBALL SINGLETS**

If your basketball child still has a Waihi supplied singlet in their position, could this please be returned to Miss Haynes on Monday.

These are required for our team competing in the South Canterbury Cross Country event next Tuesday.



### WAIHI SCHOOL **SPORT FACEBOOK PAGE**

If you haven't already, please join our current families closed (secure) Facebook page where you will locate all sport draws, game info, and celebrations:

https://www.facebook.c om/groups/364422630 9148383

For all general Sport enquiries, please email sport@waihi.school.nz

# WAIHISTEM

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### The Juniors have had fun with Oobleck!



Made from corn flour and water (it is a non-Newtonian fluid) when force is applied to it, it turns into a solid, when the force is released, it











For all general STEM / Science enquiries, please email hc@waihi.school.nz

## WAIHI MUSIC

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#### **2024 WAIHI NORTH ISLAND CULTURAL TOUR**

The Waihi North Island Cultural Tour kicked off at 5:30am as we set off from Waihi to Wellington. Our first stop was the legendary Wētā Workshop, where we enjoyed an extraordinary behind-the-scenes look at movie-making magic, including a hands-on session crafting fake blood. We then travelled to St Mark's, where the children met their billet families and headed away for the night.





The second day began with a music workshop led by Anya Nazaruk (St Mark's) and Sheryl Bradley (Waihi). Students from both schools learned "Pepeha" by Six60 and "Telly" from Matilda. Waihi students then performed a concert in front of the entire St Mark's school, featuring soloists, duos, instrumentalists, the Kapa Haka group, and the Waihi rock band "1907." St Mark's Choir joined in to perform the morning's learned songs. After lunch, we visited New Zealand's Parliament, gaining fascinating insights into the country's political workings. MPs Nicola Willis and James Meager joined us, enriching the tour with their presence and insights.

The final day was filled with sports and exploration. In the morning, we played friendly netball, hockey, and football games with St Mark's, and after lunch, we bid farewell to St Mark's and headed down to explore Te Papa. A stroll along the Wellington waterfront and an impromptu sing and Haka performance capped off our visit.

We thank our incredible Year 8s, whose enthusiasm made the Tour so memorable. This tour provided educational and cultural experiences and strengthened bonds among students and staff, making it an invaluable journey for all.



- Mr. Bradley

For all music or itinerant enquiries, please email music@waihi.school.nz

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#### 2024 NZ MUSIC MONTH AT WAIHI

This year Waihi School once again joined the nationwide celebration of NZ Music Month. Each assembly in May was filled with the sounds of New Zealand music, starting with the entire school singing "Better Be Home Soon" by Crowded House.

The Kapa Haka group added a traditional touch to the celebrations with their performances of two waiata, "Ko Te Whirika" and "Rona", highlighting the importance of Maori culture and music in New Zealand.

Mrs Bradley's girl students took to the stage in Week 3 singing and playing guitar to Kaylee Bell's hit "Boots 'n All".

Our Year 8 band '1907' finished off the month of performances with a rousing rendition of "Why Does Love Do This To Me" by The Exponents, a song that has become an anthem for many Kiwis.

Throughout the month, we submitted videos of each performance to the NZ Music Commission as part of a special NZ Music Month competition for schools across Aotearoa and to top off the month, Waihi School was announced as a winner! This marks the

second consecutive year that we have won a prize in the competition.

Winning the competition was the perfect way to cap off a fantastic month of celebrating New Zealand music. NZ Music Month not only brought recognition to our school but reinforced the importance of fostering a love for our own music and artists among students.

- Mr Bradley







For all music or itinerant enquiries, please email music@waihi.school.nz

# WAIHI EQUESTRIAN

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#### THE FIRST FOUR WEEKS....

The first four weeks of the Waihi Equestrian Centre have shown that all the effort put into getting it off the ground by so very many people has been well worth every minute. The overall benefit to the children in having their ponies here cannot be overstated. Class teachers have commented how they have a new level of responsibility and determination in their lessons and attitudes to success. They are more mindful of the needs of others and have really reached a new level of self-management and organisation.

The children have learned to manage their pony's care more independently and learned to ride together as a group being mindful of the different ponies' personalities. Confidence has grown as the students encourage each other and share ideas of how to perhaps handle any difficulties.



#### **Next plans for WEC:**

- Mow areas for dressage arena, show jumps
- Pens 6-10 to be built
- · Working Bee: to be planned

Trot on!
Judy and Trish



#### PROUDLY SPONSORED BY





For all Equestrian enquiries, please email equestrian@waihi.school.nz

# WAIHI EQUESTRIAN

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#### CHEESE ROLLS ORDER FORM

Cheese Rolls \$10/dozen 3 dozen/\$25  Name + number ? dozen Price		

Orders will be available for collection/sent home with students on the last Friday of Term Two 2024. Please circulate the order form far and wide, gather orders from your friends and relatives, don't be shy! These will be the best cheese rolls you ever did try!

### CHEESE ROLLS ORDER: BANK DETAILS

Waihi School Trust Board Bank of New Zealand 02-0888-0117841-00

Particulars: Cheese Rolls Code: Equestrian

Reference: [your surname]

For all Equestrian enquiries, please email equestrian@waihi.school.nz

## FARM SAFETY DAY

### Thursday 30 May 2024



## WAIHI CROSS COUNTRY

### Friday 31 May 2024





Age group GIRL winners were:

Year 8

Poppy MAWLE

Year 7

Violet FRANCE

Year 4-6 Pip NEAL







Year 8

Charlie GREENSLADE

Year 7

Carter BUSCH

Year 4-6

Rupert WILLIAMS



